



## COMPETITIVENESS AND CATCHING ON YOUR DREAM DREAM CATCHER

### UNDERSTANDING AND DESIGNING INNOVATIVE CAREER DEVELOPMENT

#### MORNING SESSION: Dr. David Martin Professor/Founder MCAM and ATTW

10:00-11:00	<b>Understanding the World and environment</b> World/people trends/Cultural understanding and peace keeping Questions & answers
11:00-11:40	<b>Competitiveness and Confidence</b> Self-development planning/Planning and my future compass Defining your clear goals/ 5 steps to setting goals/ Good Methods of setting goals Questions & answers
11:40-11:50	<b>Break</b>
11:50-12:30	<b>Understanding own value and the nature of the challenges</b> How do you approach challenges? Develop critical and innovative thinking Find own positive differences /Self-confidence and the ability to lead others The well being game is endless/Comparing yourself only to yourself Questions & answers
12:30-1:00 PM	Lunch time

#### AFTERNOON SESSION: Dr. Battsetseg Shagdar /Former Ambassador of Mongolia

1:00-1:40 PM	<b>The art of public speaking</b> Learning Public Speaking: Speech Structure, Speech Preparation 10 lessons for flawless presentation The relationship between body language, tone of voice and your Communication attitude to your public speech
1:40-02:10 PM	<b>WORKSHOP: ELEVATOR SPEECH</b>
02:10-02:25 PM	<b>Break</b>
2:25-3:00 PM	<b>Leadership skills</b> Adaptability and maladaptive situations Learning the value of hard work and not making excuses Ability to communicate and sell ideas

#### Closing session: Presented by SEA

3:00-4:00 PM	<b>FAFSA 2024-2025 changes/ Application Deadlines/College prep Timelines/ Should take ACT/SAT Test(s) or relevant challenges Scholarships, Parent Contribution Percentage and possible opportunities</b>
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Q & A session

#### GRADUATION CELEBRATION

4:00-5:00 PM

The forms, contents and principles of training

Free/Open minded  
Faithful/Convincing  
Energetic/Participative  
Listening/Expressing  
Concise/Specific  
Initiator/mentor  
Learner/Sharer  
Creative/Leader  
Knowledge  
Acquirer/Disseminator  
Communicate/Sell  
Problem Analysis/  
Logical and Critical  
Self-Aware/Goal-  
Defined  
Competitor/Winner  
Realizer/Transformer

#### VENUES:

March 23 Sacramento

SMUD, 6301 S Street,  
Sacramento, CA 95817

March 24 San Frasisco

465 California Street, Suite  
200, San Francisco, CA  
94104